



WORKSHEET A - MEMORANDUM

Reasons for Processing Food

Find pictures of unprocessed and processed food and stick them in the spaces below. Then answer the questions that follow.

Teachers should use their own discretion when marking this worksheet.

Unprocessed Food	Processed Food

1. Select one item of unprocessed food from the pictures above, and state what other products can be made from this type of food. That means, how can this food be processed further?

Unprocessed food:

This food can be processed into.....

E.g. strawberries can be used to make strawberry jam
beef can be used to make biltong
vegetables can be used to make atchar
fruit can be used to make chutney

2. Select one item of processed food and state why you think this food was processed.

Processed food:

This food was processed because.....

E.g. rice was processed to make it edible

3. State the 3 main reasons why food is usually processed.

3.1.	To preserve it (make it last longer).
3.2.	To make it edible.
3.3.	To add to the nutritional value of the food.

